



RADICAL
LIBERATION
COUNSELING

www.RadicalLiberationCounseling.com

FAQs

1. How much are sessions?

The session rate is \$150 for both individual and couples work. We do offer some sliding scale spots, which are reserved for BIPOC and QTPOC clients but at this time they are all full. A sliding scale rate is negotiated between you and your individual provider before the intake session.

2. Do you take insurance?

Yes. We are currently in network with Carefirst Blue Cross Blue Shield and will file the claim to your insurance for you. You would be responsible for the copay if we are in network with your insurance. For insurances we are not in network with, we can provide a superbill for later reimbursement with your insurance company.

3. Do you have a cancellation policy?

Yes. We ask that client's reach out to their providers 24 hours in advance for cancellation or you will have to pay a \$65 no show or late cancel fee. Without ample time the therapist may not be able to adjust their schedule without notice.

Exceptions are made for emergencies. Showing up to sessions consistently is important to establish a relationship with your therapist and to maintain progress.

4. Do you offer in person or teletherapy sessions?

With an abundance of caution for public health and the safety of our clients, we are operating 100% telehealth at this time. In person sessions will be evaluated in the future when it is safe to return to an office setting. For teletherapy sessions, you will be sent a link via email or phone 24-48 hours before each session for your use to access the session.

Is there a waitlist?

Yes. We currently have a waitlist if all therapists are full. We cannot say for sure how long it will take for a therapist to reach out to you, but we make every effort to also provide referrals to clients who may not want to wait.